

INSTRUMENT NUMBER 8 | INDIVIDUAL CAREER PROJECT¹

Definition of the Career Project (Indicate your personal and/or work-related interest: future objective)

Think about your goals, for example: I intend to acquire vocational training in the field of quality.

Reasons and Motives for choosing the Career Project (What led you to make this choice?)

Justify why?

Example: To perform the tasks associated with my job option, I believe that it is necessary to update my knowledge and acquire other skills that will help me to be an excellent professional.

Ways of Implementing the Career Project (What do you have to do to achieve your objective?)

Examples:

Search for vocational training

Improve my educational qualifications (...)

Identification of constraints and strategies to overcome the constraints (What can help or hinder the progress and achievement of your objective?)

Examples:

*Inability to manage personal life and work schedule; Lack of time
Inability to find the required Vocational Training (...)*

Elaborate a timetable for the implementation of the project (What is your set goal?)

Define a goal to achieve the objective, for example: in March 2020 I intend to have acquired more knowledge and skills at a professional level, through vocational training

¹ Source: ANQEP