

## **INSTRUMENT NUMBER 4 | GROUP DYNAMICS: “MAKE A DOLL”**

The activity is designed to last between 50 to 90 minutes and have a minimum number of 10 adults.

The facilitators (2) introduce the activity and state that the work is based on communication and start by dividing the group in two (group A and B) and then go on to explain the following steps:

1. The facilitators give the group 5 minutes to examine the Lego doll (LEGO® Serious Play®) so that they can try to reproduce it.
2. After the stipulated time, one of the facilitators ask group A to stay in the room and informs group B that they should follow the other facilitator to the room next door.
3. In each room, the facilitators reinforce the idea that the group must make the doll by pointing to the model in the center of the table, but without using any spoken language, during the stipulated time of 7minutes.
4. Each group is then asked to write a story that portrays the making of their doll. They must write the story on paper and only have 15 minutes to achieve the goal.
5. Once finished, the facilitator in each room asks the group to leave, except for one member who volunteers to be the first storyteller. The member that remains is responsible for reading the story, written by their group, to a member of the opposing group, who in turn has been asked to enter the room (i.e. member of group A reads story to member of group B).
6. The members listening to the stories, must pay careful attention and try to retain as many details as possible, knowing that he/she will later have the role of storyteller, relaying the same story to the next person that enters the room. At this moment the story, in each room, is read twice.
7. The process is repeated until each member of each group hears the story, i.e. members of group B all hear the story written by group A.
8. The two groups are then joined in one of the rooms again and the 2 last listeners become the storytellers and tell the story they have just heard to the entire group.

9. Finally, the first storyteller of each group is asked to read the original story to the entire group. Once the 2 storytellers have finished, the entire group is asked to reflect on the communication process, on the difficulties in communication and on the actions taken to reduce the distortion of the original story.